

CHILDREN'S MANIFESTO FOR Future ELECTIONS

(Inspired by current Tamilnadu, Bengal, Kerala elections)

Young Voters' Demands (Neglect at own risk)

Children make half the population.

Have half the manifesto, half MLA's, half Ministers half budget, for children. Then on becoming 18 we will vote for you.

1. Children have a right to live.

Yet 20,000 Indian Children die daily.

Right to live is violated.

To give them this right do following

Give 6 months maternity + breast feeding leave to mothers in all places.

Central government and many state governments like Maharashtra, Punjab, Haryana, Banks, and LIC give it.

2. Children need uninterrupted air water & food supply for good growth.

They get uninterrupted air but not water, not food. Children are on the ground. Water, food are on table .Beyond the reach of children. Children starve. This is main cause of bad health of 95% of Indian Children. Give one corner of house to kids. Call it kid snack corner. Fill it with ground nuts; puffed rice (kurmura) etc. round the clock. Fill children's pockets with snacks like roasted grams/groundnuts/ puffed rice, round the clock till 18 years of age. Fill them when they daily come to school. Give them ad lib. in school. This will improve nutrition and health and scholastic performance of all school children. Try it. In Maharashtra Jijau mission does this. They have village child development centre. In this weak children are kept full day. They eat from the "Akshyaptra"(Name given to the transparent snack filed container) kept in food corner. They improve in 1 month. 1000 such centers work every month.

3. Children need to play for at least one hour daily. Only then they grow well. Make play grounds in all villages, and wards of towns. Provide play grounds to all schools. In cities make a law so that each builder makes child friendly buildings. They provide ground around the building for children to play. Make a law so that builders keep terraces open for children to play. They must also make them safe with tall side walls. Put grills on window panes so that they do not break with ball when children play cricket.

4. Health of Indian children is worst on the earth.

Have agenda to improve health of children. Barak Obama won in US. He had a health agenda. Every party must have an agenda for health and a special agenda for children's health.

5. Every child gets typhoid once. Many die. Delhi state government gives typhoid and MMR vaccine free to all children. Give it to all children in all states.

6. Vaccination is most cost effective tool of improving child health.

Ensure giving 100 % vaccines to 100% children.

Just as you take all for voting, take all children for vaccination.

MAKE NATION VACCI-NATION

7. Children have a right to education.

Children have a right to happy Education. Today education is boring. Make it happy. Provide free broad band connection and lap tops and LCD projectors so that school teachers can use YOU TUBE MOVIES, WIKIPEDIA etc. to teach. This makes learning interesting and happy and better. Children will enjoy and learn.

8. Kerala government give growth charts to all school students.. Height and weight of all students is measured at school entry in both terms. It is plotted on the graph paper. This already has graphs of growth of good children for comparison. "Growth chart" is a 1 rupee tool that improves the health of children. All world has them. Teach growth charts when you teach "Graph" in school. Thus education will immediately benefit students.

9. Maharashtra government provides free text books to all students. Do this. They provide free uniform to minority community students. Do this for all students.

10 In a school there say 1000 students about 100 teaching and non teaching staff. In a good democratic manner in every issue ask students and parents their opinion.

11. Most schools do not have enough toilets, especially for girls, & clean water for drinking. We need 1 toilet for every 60 students.

12. Children need to play on grounds daily for one hour. So please provide one games period every day.

13. School entry at 6 years. No writing before 6 years. Make it a law. Learn from Kerala. If in doubt ask Indian Academy of Paediatrics, the apex national body of child specialists.

14. You take half ticket for small children and full ticket in bus and railways for children above.

15. Give us at least right of half vote.

Please reach to all.

With Regards

Yours Sincerely

Children of India

(Made by Dr. Hemant Joshi for children of India. Please give your valuable feedback.)

Please see attached poem. If you like it, put it on your notice board. Forward and Share it with all.)

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Do visit our 11 language child health website www.drhaj.com with child care e book in English,Hindi,Urdu,Gujrathi & Marathi